



# lifeline

news from A Woman's Heart

Pregnancy Resource Clinic

Fall 2005

## In this issue:

Sponsor-a-Day in 2006

Volunteer Spotlight

Building Update

Meet Threesa Sadler

Positions Available

A Word From Our CEO

"Therefore, since we do hold and engage in this ministry by the mercy of God, we do not get discouraged or become faint with weariness and exhaustion."

-II Corinthians 4:1 NAS

lifeline Newsletter

Editor: Kelli Cross

## Barbara

### Post-Abortion Client Testimony

Are you keeping the pain of your abortion hidden because you are afraid others will judge you or you are fearful you will lose your family, friends, and church? Abortion is murder, and it is normal to feel guilty, but Christ gave his life so that you might be saved. A Woman's Heart provides a way for you to find your way back to Him. Your pain, shame, or denial is what keeps you from having the relationship God wants to have with you. Please, believe me when I tell you God doesn't want you to hurt anymore.

I was like you; fearful and ashamed. I just could not allow myself to believe God still loved me- a murderer three times over. Childless for life because of the lies I believed. 'Just zygote cells'; not *a baby with a beating heart*.

I was 16 when the first two occurred and until receiving post-abortion counseling believed they were my guilt to carry alone. I know now these abortions were not my choice, not then anyway. Satan, the great deceiver, convinced me, you and so many others that it was our right to choose and not a child. I wasted 33 years carrying an adult's guilt and an abortionist's lie. 'It's just cells, like dead skin scraped off you finger tip'; not *an eternal soul in human form with perfect feet*.

Until I started the process of recovery with one-on-one help from a woman at A Woman's Heart, I had even denied the third pregnancy had occurred. Working through the process, I remembered 23 years after the fact that I had indeed chosen to let my third baby die in pain.

With a structured prayer and a repentant heart, I let go of these terrible lies and my sin. I will continue to grieve the loss of my children. I know they are in Heaven, and I long for the day I will see them. But, I no longer wish to hasten the day by destructive behavior or thoughts of suicide.

If you can relate to my story, call A Woman's Heart. Don't let Satan make you carry false guilt and continue to suffer in silence and shame for decades like I did. If you are considering abortion as a solution, please take a few minutes to read my story again.

I thank God for leading me to A Woman's Heart and the compassionate Christians who created a way for me to come home to the Lord. I am closer to being the woman He created me to be in this life.

#### Post-Abortion Symptoms

Guilt	Flashbacks of Abortion
Anger	Sexual Dysfunction
Anxiety	Relationship Problems
Depression	Eating Disorders
Suicidal Thoughts	Substance Abuse
Anniversary Grief	Psychological Reactions

#### Center Statistics

July through November

Client Visits - 245

Pregnancy Tests - 100

Salvations - 18

# —lifeline— clinic news

## Sponsor-a-Day in 2006

Every day, we see girls and women who are looking for hope, help, and someone that will listen to them. They come into the clinic hurting and confused. We provide them with the comfort, care, and information they need, as well as share the love, grace, and mercy of Christ with them. We help them make the best decision for themselves and their child and equip them for the decision they make.

We provide our clients with their needs, and you as supporters are our lifeline. These normal, daily functions would not be possible without your prayers, time, and financial support.

We want to look at each day as an opportunity to help others, and we want you to look at each day as your opportunity to help us do just that.

This is where our Sponsor-a-Day Program comes in. This program allows supporters (like you!) to choose one or more days a year to financially provide for the clinic's needs. Maybe there is a day you would like to give in honor or memory of a loved one or that has special meaning to you, such as a birthday or anniversary. The clinic will operate that day because of your special gift.

Our daily costs are approximately



Sponsor-a-Day: helping us help others  
...one day at a time

\$240. This amount includes all of the clinic's bills, supplies, medical expenses, and staff costs. Donations can be given on an annual basis of \$240 per year or broken down into monthly payments of \$20 for each day sponsored.

The program is designed to be beneficial to both the clinic and donors. It provides the clinic with a more stable budget, increased foresight into the future growth and improvement of the clinic, and greater security in knowing that all expenses will be covered so that efforts can be focused on the clinic activities instead of fundraising.

Supporters can benefit by the program's electronic transfer system. Although cash and check donations are always welcome, Sponsor-a-Day allows us to take Visa and MasterCard credit cards or set up automatic monthly or annual transfers directly from a checking or savings account to A Woman's Heart. This gives donors the ability to dedicate funds to the clinic while spending no time worrying about writing and sending checks or forgetting to send monthly or annual donations.

At the end of the donor's sponsored day, a report will be sent accounting all of the activities of the clinic on that day. If the sponsored day falls on a weekend or holiday, the next business day is reported. The report will include the number of clients seen, testimonies of the clients, numbers of clients lead to Christ, number of women who chose life for their child, and any other important happenings that day.

If you are a current supporter or you would like to help us in our efforts through participating in the Sponsor-a-Day program, please contact us at 903-454-9751 or email us at [contact@awomansheartclinic.org](mailto:contact@awomansheartclinic.org). Please help us help others, one day at a time.

## About the Building

Many of you may be curious or have asked about why the clinic hasn't yet moved into our new building, located at 2612 Jordan Street. In July, we announced that our move-in date was late August.

Unfortunately, there are some hold-ups on the seller's end, and the closing date has yet to be set.

We are growing daily and are very quickly outgrowing our current space. We hope to be settled into a new, larger location shortly after the first of the year and preparing to begin offering our medical services. Please continue praying as we seek God's guidance on this issue.



# clinic news

## Meet our Client Services Director: Threesa Sadler, LVN



Threesa has been CSD for two months.

I have the greatest job in the world; I am a wife and mother. Terry and I have been married for eight wonderful years. We have two beautiful daughters, Kaitlyn and Sidney, who remind us every day that God is good. God has given us the opportunity to teach and minister to our children in a way that will lead them to their own relationship with the Lord. This daily ministry with my children gives me the desire to educate other women on how to train up their children in the way God has instructed us.

I was first introduced to this ministry as a member at Prestonwood Baptist Church. I became involved as a volunteer in their post-abortion

counseling. I knew immediately that this was the path that the Lord had set ahead of me. When I moved back home to Greenville, I began volunteering at A Woman's Heart as a client advocate.

My skills as a Licensed Vocational Nurse have allowed me the unique opportunity to be able to become a Nurse Sonographer, and I am anxiously waiting for the opportunity to allow our clients to peer inside their womb.

My position as Client Services Director is one that offers new challenges every day but blessings every hour. I love coming to work every day to see what divine appointment God has given me.

## Room Sponsors Needed

Room sponsoring is a great opportunity for your business, organization, church, or family. Each room in the new building will need to be remodeled and decorated. We are asking that supporters donate funds to be used for specific rooms. Rooms that have already been sponsored include the waiting room, the private waiting room, one counseling room, and the client hospitality room.

The following is a list of rooms that are yet to be sponsored, but are needed for the clinic opening.

- Counseling Room  
Estimated Cost: \$1089.00
- Prayer Room  
Estimated Cost: \$1301.00
- Parent Resource Library  
Estimated Cost: \$1601.00

Other rooms not estimated at this time are listed below. These rooms can be remodeled after the opening.

- Ultrasound Medical Room
- Public Restroom
- Client Restroom (Installation)
- Classroom
- HOPE Parent Mentoring Room
- 4 Staff Offices
- Receptionist Room
- Volunteer Work Room
- Kitchen and Break Room

# Volunteer Spotlight: Carrie Kirkham

My typical day revolves around two of the most precious beings on the planet – my children. Lacey is 11 years old and is a ball of inquisitiveness, charm, beauty, and personality. Triston is my baby. He is 5 years old, a very deep thinker, and has a great imagination. The love of my life, Justin, and I have been married for five years and best friends for 10. When I met Justin, my life was anything but Godly. But, there was Justin – always loving me, always picking me up and little by little showing me how to love and be loved. And this about summarizes my focus on a typical day. But, of course, there's always Wednesdays.

If there has ever been something I have a passion for, it is speaking to young girls and women about the issues surrounding dating, love, marriage, sex, and crisis pregnancy. As I think back over my life,

I see so many times where God was trying me and preparing me for this opportunity. What an incredible God we serve! He can take the worst of circumstances and turn it into something He can use.

Every week I look into the eyes of girls who are going through some of the same things I have been through. They are hurting, scared, and desperately searching. I feel honored that God would trust me with such delicate matters, and I take the responsibility very seriously. These girls need love and understanding, but mostly they need to know that Christ paid the ultimate price for them and He's only a prayer of faith away. So...that's what I do here. I simply open my heart and mind and point these girls in the direction of His open arms.



Carrie Kirkham is a client advocate and speaker for the Abstinence Till Marriage Program. She also serves on the Abstinence Committee and is co-writer for the program.



# Volunteer Positions Available

If you have the heart and calling to work in this ministry, please pray and consider becoming a valuable addition to the clinic. The following is a list of the current volunteer, non-paying positions available.

- Interns
- Cleaning Persons
- Client Advocates
- Male Client Advocates
- Nurses/ Sonographers

- Receptionists/ Secretaries
- Abstinence Speakers
- Maintenance Persons
- Parent Support Group Facilitator
- Parenting Class Facilitator
- Abstinence Committee Members
- Board Members
- Fundraiser Committee Members
- Student Advisory Board Members (Age 12 and up)

Contact Threesa Sadler at 903-454-9711 for more information.

## A word from our CEO: The Second Victim of Abortion

We know that abortion takes the life of an innocent baby, but we often forget that it also destroys the life of a woman—the second victim of abortion. Woman was made to nurture and love their unborn child, and when she destroys that child, it is often a mistake she cannot live with alone. It is common for a woman to feel sorrow, shame and guilt after her abortion, and usually many years later, she still feels the pain. She may suffer anger and bitterness toward herself or others involved her decision to abort. We as Christians need to reach out to those women (many of whom are

often sitting next to us in our churches), let them know that help is available, and that we love them no matter what they have done. Let's set those women free of their guilt and shame, and let them know that God can forgive them and so can we. The Lord is waiting for them to let go and give it all to Him once and forever. Help us reach those women by letting them know that the clinic's post-abortion counseling is free and confidential, and they don't have to live another day alone and in pain.

His Humble Servant,  
Gail Fry, President/CEO

### Staff

**Gail Fry**  
President/ CEO

**Karen Kaden Andre,**  
M.D.F.A.C.S.  
Medical Director

**Threesa Sadler**  
Client Services Director

**Cynthia Campbell**  
Nurse Manager

**Kelli Cross**  
Administrative Assistant

### Board Members

**Position Available**  
Chairman

**Karen Weichmann**  
Acting Chairman/ Vice Chairman

**Tim Stainback**  
Treasurer

**Tobbie Davis**  
Secretary

Gracie Almanza

Jerry Scott

Peggy Sheffield

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